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“Matching”

HOUSE OF
SKILLS

Soft Skills @ Work

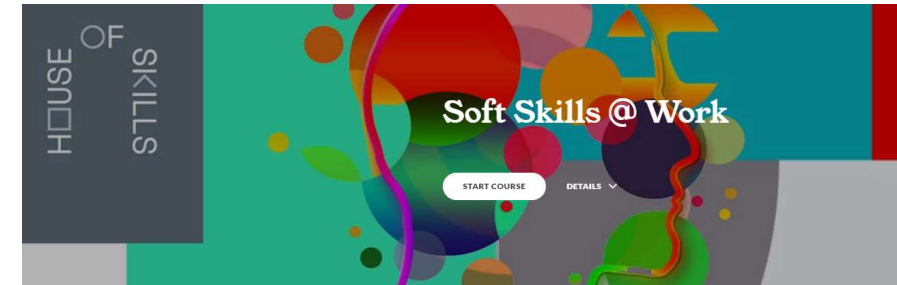
START COURSE

DETAILS ▾

Purpose

- 'Soft skills @ work'
- Help Refugees (with permit), people with a migrant background and people with a great distance from the labor market to gain knowledge about the skills needed as job seekers.
- It is about awareness, creativity and reducing negative thought processes.
- In this way, job seekers learn to find the strength to shape a professional future.

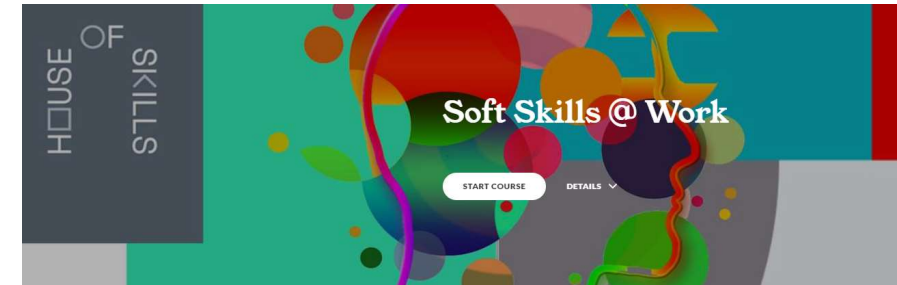
Background



- Previous research (de Lange et al., 2018): Refugees should be trained in their soft skills in particular.
- Soft skills can play an important role in matching work to the level and talent of the applicant.
- International project Selfee (2020) “Being unemployed can have major psychological and social consequences. People can lose their self-esteem, become depressed, lose their social contacts and/or give up hope of ever finding work.”
- Reducing negative developments through: "soft skills".
- Hard skills have often been taught but soft skills not yet.

-de Lange, C., Faddegon, K., & Straathof, A. (2018). *Evaluatie assessment statushouders*. Hogeschool van Amsterdam, Lectoraat Management van Cultuurverandering.
<http://selfeeproject.eu/>.

Focus



- Soft skills: non-technical skills related to how work is done.
- Some soft skills are especially important if you want to succeed in a job.
- For example: feeling empathy, valuing diversity or the ability to communicate clearly.
- This can be developed by:
 - Storytelling
 - Constructive thinking

Learning goals



- Knowledge about soft skills that are important in the workplace and in finding a job;
- Know how storytelling techniques can help to present yourself;
- Apply techniques to reduce non-functional thoughts/bias that can have negative effects on the way you see yourself and others and on how you deal with people and situations (e.g. job interview).



Infographic

<https://hva.mediamission.nl/Mediasite/Play/5a1a0bbe93d54866a4ea63e06653fb0b1d>

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QUESTIONS?

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<https://sa1574428343.z6.web.core.windows.net/House%20of%20skills/index.html#/>